

CREATE YOUR FREE SOUL AGREEMENTS PROFILE



 Purest Potential

1505 Llano Street • Santa Fe, NM 87505 • www.purestpotential.com

Together with the book - A Yogi's Guide to Brilliance - your Soul Agreements Profile is a means of unlocking the enormous potential of your life.

Bringing together Numerology and Purushartha - a Yogic Energy Management system - your profile is the original blueprint that tells you who you are, how you operate, and above all, why you're here.

For a full understanding of your Profile please explore our programs. They are easy to follow, guided journeys of transformation that show you who you are and how to apply this knowledge to your life.

YOGIC NUMEROLOGY

From your birthdate a set of patterns emerges. Each of us has a life path, lessons to learn, challenges and assets specific to us. We use numerology to reveal our specific path to self - mastery.

Calculate your own numerology now:

Yogic Numerology calculates five numbers from your birth date that illuminate your relationship with self, others, and destiny.

The SOUL number is the core of your identity. It indicates your own internal relationship with yourself — with the infinite, unlimited part of yourself. It is the key to tapping into your creativity and depth.

The KARMA number indicates the nature of your relationships with other people. This number describes the thing you must break through in order to be successful in your relationships with others. It is your "test" in life which you have brought along with you many lifetimes.

The GIFT number describes your God-given talent. You don't have to work for it; it's already here and yours. You simply need to accept it.

The DESTINY number indicates the main trait that you have worked on for many lifetimes, that you mastered through personal sacrifice and effort. You may not see this mastery in yourself, but in actuality, it shows in everything you do. The destiny number is also a description of how other people see you.

The PATH number is the key to living a fulfilled life by understanding who you are and why you're here on this planet at this time. In order for you to feel fulfilled and successful, your path is the single trait that you must manifest in your day-to-day life. Otherwise you will always feel that "something is missing" from your life.

How to Calculate the Numbers

To calculate your own (or someone else's) numbers, use the birth date: mm/dd/yyyy. Keep summing the numbers until they are reduced to between 1 and 11, equivalent to the ten bodies and eleven, the embodiment of all.

Soul Number: Sum of both day numbers (d+d).

Karma Number: Sum of both month numbers (m+m).

Gift Number: Sum of the decade (last two digits of the year) (y+y).

For example, the gift number for a birth year of 1975 is

$7 + 5 = 12$; $1 + 2 = 3$.

Destiny Number: Sum of all four digits of the year (y+y+y+y).

Path Number: Sum of all the numbers in your birth date (m+m+d+d+y+y+y+y). Note this number is equal to the sum of the Soul, Karma, and Destiny numbers.

Our 3 books are available from Amazon with suggested meditations and yogic techniques to balance your ten bodies.

On the chart below: Put your soul number by the yogi, your karma number by 'your story', your gift and destiny numbers on your 'foundational assets road', and your path number where that road leads you. These five positions bring focus to your personal journey. From this awareness, you can design your spiritual practice, your daily discipline to live beyond the drama of the recurring story and to stand in your power of choice.

SOUL
inner
peace



KARMA
your
story

FOUNDATIONAL ASSETS

GIFT

DESTINY

PATH
your
fulfillment

10 Bodies Balanced – Imbalanced Expressions

1 ST BODY – SOUL	3rd Positive Mind	5th PHYSICAL BODY
IMBALANCED EXPRESSION	IMBALANCED EXPRESSION	IMBALANCED EXPRESSION
Come from head	Anger	Fear to be a teacher
Circular arguments with self	Self defeatist	Hard time expressing self
Feeling stuck	Depressed/despair	Lack of internal balance
Uncreative/dull	Unable to confront	Reluctant to share w/ others
Greedy	Distrust own power	Over sacrifices
Feeling of not belonging	Weak navel point (nabhi)	Non committed
Anal compulsive	Passive	Poor communication skills
	Lethargic	Being overly verbal
BALANCED EXPRESSION	Intolerant	
Heart over head	Domineering/controlling	BALANCED EXPRESSION
Connection to inner Infinity		Capacity for deep listening
Humility	BALANCED EXPRESSION	Communicates wisdom
Can be creative on demand	Blissfull	Teacher
Bring ideas into reality	Positive	Ability to balance all parts of your life
Strong foundation	Share hope with all	Flexible, eloquent speaker
	Playful and cheerful	Share what you know with others freely
	Optimistic	Accept sacredness of physical body
2nd Negative Mind	Confident	Committed
IMBALANCED EXPRESSION	See positive essence in all	
Self destructive	Powerful	
Overly influenced by others	Use your power easily	6th BODY – ARC LINE
Blind to dangers of a situation		IMBALANCED EXPRESSION
Vulnerable in relationships		Glandular imbalances
Can't connect to self or others	4th Neutral Mind	Confused
Commotion	IMBALANCED EXPRESSION	Inconsistency in behavior
Fear of abandonment	Hard time making decisions	Unfocused
Eating disorders	Hard time being neutral	Unable to amnifest intentions
	Sadness	Not using intuition to protect self
BALANCED EXPRESSION	Argumentative	Over-intellectualizes
Longing to belong	Grief	Spaced out
Obedience	Attachment	
Passion	Feeling victimized	BALANCED EXPRESSION
Accuracy in seeing the danger		Sees beyond duality
Connection to spiritual path	BALANCED EXPRESSION	Strong projection
Devotion	Yogi	Wisdom
Healthy sexuality & sensuality	Attitude of gratitude	Easy to hold a mental projection
Pleasure	Compassion	Strong power of concentration
	Integration	Strong intuition
	Service	Strong ability to visualize
	Wise	Natural meditator
7th BODY – AURA	9th BODY – SUBTLE	10th BODY – RADIANT – GOLD
IMBALANCED EXPRESSION	IMBALANCED EXPRESSION	IMBALANCED EXPRESSION
Overwhelmed by other's energy	Naïve	Wishy washy in external relationships
Not true to own principles	Gullible	Downplay own radiance
Has "Thin skin"	Too hard on self	Shy away from attention
Isolating	Life seems mysterious	Afraid of responsibility
Not able to uplift self	Easily fooled	Disempowering self talk

PURUSHARTHA - The Art of Conscious Living

Here is an introduction to another system to better observe your natural talent in the cycle of manifestation, the cycle of life. Many people live in fear and scarcity, primarily because of their inability to experience the natural circular flow of energy. This cycle expresses itself as either a pull or a push. You can actually feel this contraction or expansion in your biology.

The yogis have identified this system of pull and push and named it the “Purushartha”. Here is an introduction to how the application of these yogic principles can radically shift how you participate in your life and give you a map for the manifestation of your purest potential.

Purusha means – ‘being’ or ‘soul’

Artha means ‘ability’ or ‘for the purpose of’

Put together it means: ‘for the purpose of the soul’

The Purusharthas are described extensively in the Mahabharata, the epic Indian poem which contains the Bhagavad Gita, and they are interwoven with yogic philosophy at the deepest levels. They have their roots in the Rig Veda, the most ancient and revered of Hindu scriptures. What the Rig Veda suggests is that the Purusharthas are the inherent values of the universe. The cosmos is considered a living being, and the concerns of clarity, freedom, stability and security belong to it. These are not just human concerns or psychological concepts, because when we engage these concepts as human beings, we are aligning the microcosm with the macrocosm. The cosmos is all laid out for you, you just need to align with it to prosper.

The traditional application of the Purusharthas is to relate to them as aims, or goals in life. At Purest Potential you will learn how they can actually do much more as you learn that each of us actually embodies one of the 4 Purusharthas. Similar to astrology where you embody one of the 12 zodiac signs, you embody one of the 4 Purusharthas.

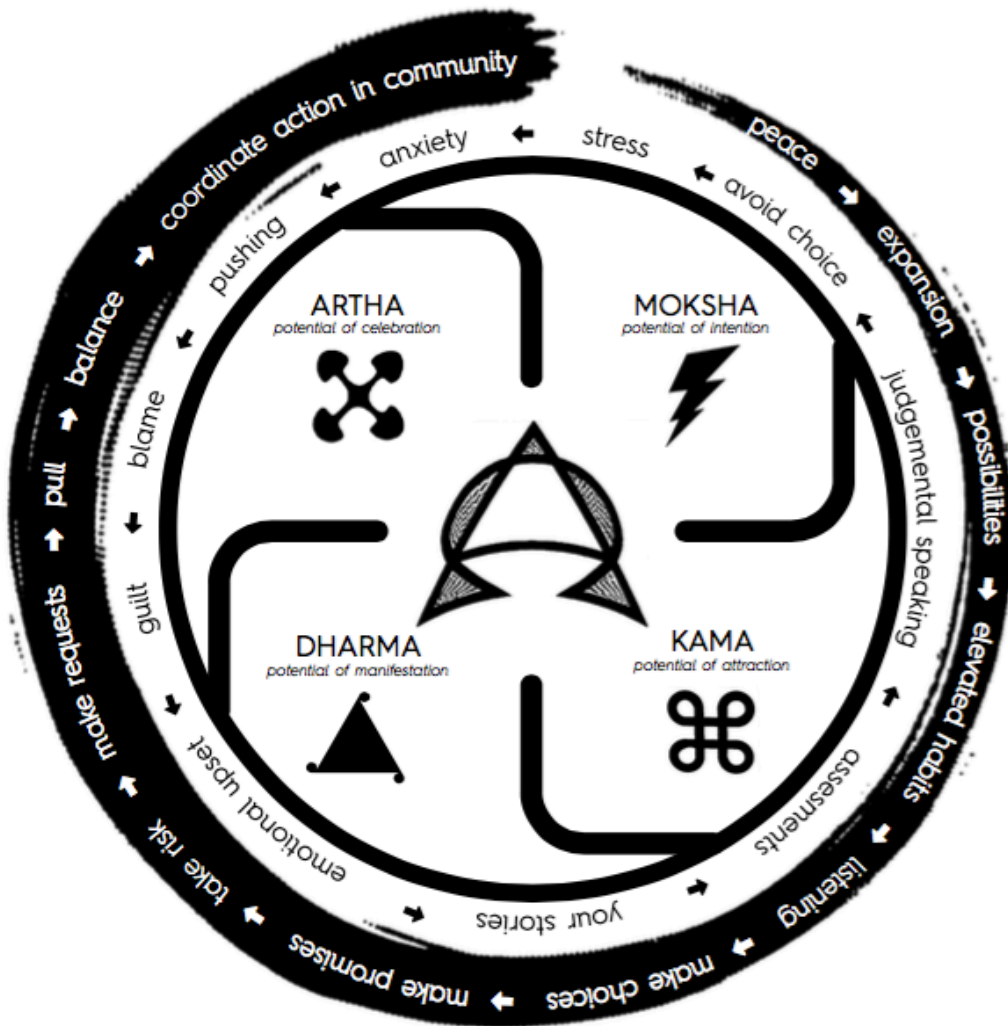
Each person “embodies” one aspect of the Purusharthas. You are born this way, you stay this way, it is your essential nature. (your ‘Sat Nam’) By understanding and celebrating your quadrant, you can make your best contribution in community.

Your quadrant is what you bring to the party and what you are accountable to deliver. You don’t need to deliver everything to everyone, only your natural talent. This is how we create conscious community, each person delivering their Sat Nam with a shared intention for Purest Potential in each other and for the community.

Here is a map of the 4 quadrants of which you inhabit one. Not any one is better than the other 3. It takes all 4 aspects to manifest really anything in life.... So in this new age of conscious community the Purusharthas provide us with a blue print for conscious living.

Purusharthas

Four Potentials for Contribution



PURUSHARTHA STYLES	MOKSHA	KAMA	DHARMA	ARTHA
NICKNAME	Control	Influence	Power	Authority
LINGUISTIC PERFORMATIVE	Declaration	Promise	Request	Assertion
SURVIVAL STRATEGY	Dictate	Migrate	Tolerate	Hibernate
VIEWPOINT				
Operational time frame	5 years	Moment to Moment	90 days	The past
Promises mean:	Yes=Maybe, No=No	Yes=Maybe, No=Maybe	Yes=Yes, No=No	Yes=Yes, No=Maybe
For the Sake of:	The Idea	Others	The Sake of it	The Self
Where they speak from	Should	Could	Have to	Ought to have
Survival Concern:	Certainty	Freedom	Stability	Security
Creation vs Preservation	Creatational	Creatational	Preservational	Preservational
Thought vs. Action	Thought-Oriented	Action-oriented	Action-Oriented	Thought-Oriented
Competence vs. Sincerity	Competence	Sincerity	Sincerity	Competence
LIABILITIES				
Confuse with accomplishment	Ideas	Relationships	Replication	Reflection
Would rather	Be Right	Be Free	Work	Have an Impact
Emotion projected in Break Down	Arrogance	Impatience	Frustration	Indifference
Survival Conversation	If others know that I don't know I will die	If I have to do what others say I will die	If I am not included I will die	If I have to decide I will die
ASSETS				
Business Position	Marketing	Sales	Production	Administration
Position of Accountability	System	Mission	Structure	Standards
Leadership Accountability	Intention	Mood	Alliance	Confrontation
Cardinal Virtue	Wisdom	Valor	Justice	Prudence
EXEMPLIFIED By	John Lennon	Paul McCartney	Ringo Starr	George Harrison
	Steve Jobs	Johnny Depp	Donald Trump	Obama
	Yogi Bhajan	Robert Downey Jr	Jimmy Fallon	Kevin Spacey

Purushartha, a way to declare a new future:

- *Our vision brings clarity to the community*
- *We engage with others to facilitate momentum for the community*
- *Our actions produce greater value for the community*
- *And then we manifest prosperity for the community*

Have fun playing with all of this. Just imagine you have walked in here holding a tiny flashlight, and if this leaves you wanting more, you can sign up for our weekly newsletter where we share free information on how to Be Your Best Self!

So much love and light

Kirn, Guruchander and the Purest Potential Team